Kindness doesn't need to be big or fancy.
Even the smallest kind act
can make someone's day brighter!
Here are some ideas to help you
be kind every single day!

Kimi's 10 Ways to Be Kind Every Day!

1. *Write a note* to someone who makes you smile and tell them why they're special.

2. **Give a compliment** to a friend, teacher, or classmate today. Make sure you mean it!

3. **Help at home** without being asked — maybe set the table, fold towels, or put things away.

4. **Draw a happy picture** for someone who might be having a tough day.

5. **Say "thank you"** to someone who helps you — like a bus driver, cafeteria worker, or coach.

6. **Invite someone new** to play or sit with you at lunch.

7. **Read a story** to a younger sibling, friend, or family member.

8. **Take care of nature** — pick up a piece of litter or water a plant.

9. **Share something small** — a snack, a toy, or your time — to make someone feel included.

10. **Use kind words** when you speak, even when things don't go your way.

Remember: Every time you do something kind, you're helping kindness spread!